1. BIG BOX (SALAD, PROTEIN, SIDE)

**SALAD (CHOICE OF ONE)**
ENCORE ULTRA PROTEIN
heritage greens, treviso, avocado, chickpea, white sweet potato, tempeh, pigeon pea, red + white quinoa, mixed berries, lemon chili dressing

ARUGULA SALAD
forest mushroom, arugula, shaved parmesan, toasted herb crumb, reduced balsamic vinaigrette

**PROTEIN (CHOICE OF ONE)**
PHUKET CHICKEN
grilled lemongrass, chili lime marinated chicken

SEARED BEEF TENDERLOIN
4oz herb, garlic crusted tenderloin

SEARED SWORDFISH
pan seared, charred mango, papaya salsa

TEMPEH
paprika, garlic, spicy chimichurri, grilled lemon drizzle

**SIDE (CHOICE OF ONE)**
TOMATO + GARLANZO
chickpeas, grape tomatoes, cucumber, gazpacho vinaigrette, olive oil

COLESLAW
green + red cabbage salad, carrot, onion, red wine dressing

SUCCEOTASH
corn sauté, sweet peas, edamame, mushroom, red pepper, garlic, rosemary
2. BIG BENTO (SALAD, PROTEIN, SIDE, DESSERT)

SALAD (CHOICE OF ONE)
ENCORE ULTRA PROTEIN
heritage greens, treviso, avocado, chickpea, white sweet potato, tempeh, pigeon pea, red + white quinoa, mixed berries, lemon chili dressing
INSALATA ITALIANO
lollo rosso, red oak, arugula, frisée, toasted pine nuts, pecorino, red wine vinaigrette

PROTEIN (CHOICE OF ONE)
PIRI-PIRI CHICKEN SUPREME
iberian grilled chicken supreme, chili, garlic, pimento, lemon
SEARED BEEF TENDERLOIN
6oz herb + garlic crusted tenderloin, orange peppercorn jus
GRILLED MAHI MAHI
seared white fish, teriyaki glazed, jicama salad
TORCHED POBLANO
stuffed with roasted quinoa, vegetable, dirty rice, hemp, amaranth, pico de gallo, lemon garlic drizzle

SIDE (CHOICE OF ONE)
TOMATO + GARBANZO
chickpeas, grape tomatoes, cucumber, gazpacho vinaigrette, olive oil
COLESLAW
green + red cabbage salad, carrot, onion, red wine dressing
SUCCOTASH
corn sauté, sweet peas, edamame, mushroom, garlic, red pepper, rosemary

DESSERT (CHOICE OF ONE)
COOKIE
chocolate chip or reverse chocolate chip
BISCOTTI
lemon cranberry or apple cinnamon
SEASONAL FRUIT TARTLET
1. UPSIDE (BREAD, SALADS, PROTEIN, SIDE, DESSERT)

BREAD BASKET
European inspired artisan baked breads + rolls, sweet butter

SALADS
ROMAINE SALAD
Romaine heart, crunchy crouton, parmesan shaving, bacon crisp, caesar vinaigrette

CORN + WHEATBERRY SALAD
Grilled corn, wheatberry, red onion, parsley, red pepper, caramelized lime dressing

PROTEIN (CHOICE OF ONE)
TERIYAKI CHICKEN
Grilled, sweet soy glazed chicken breast

PETITE TENDERS
Seared, herb + garlic crusted

ROASTED ATLANTIC SALMON
Pan roasted, honey mustard crusted

SIDE
BROCCOLI + CAULIFLOWER FLORETS
Roasted cauliflower heart, broccoli, truffle, paprika, garlic essence

DESSERT
ARROZ CON LECHE + COOKIE
Slow cooked orange cinnamon rice pudding, snickerdoodle cookie